Alumni & Taught Postgraduate Programmes Fellowships Scheme Awardee Sharing
Ms. Fanny CHOW – 2021 Graduate

a) My Learning Experience

What I treasure most about my time in the MWOP program are the people—the friendships forged with fellow students who became a lifelong support network, and the professors whose kindness and genuine passion made complex concepts in organizational psychology not just understandable, but deeply inspiring.

Taking a career break to pursue this program was a significant decision, and it was in the classroom where I truly felt that choice come to life. My teammates and I always believed in making learning fun and meaningful. Instead of just studying theories, we brought them to life—like introducing VR to simulate workplace scenarios for an emotional intelligence project, using creative storytelling to present research method, and even running my own mini-experiments on gratitude for a positive psychology assignment. These weren't just projects; they were moments of discovery, laughter, and genuine connection.

These experiences gave me more than skills—they gave me clarity. I came to understand the profound link between employee well-being and organizational effectiveness, not just as a concept, but as something I could actively design and improve. The program realigned my career aspirations toward making a tangible, human-centered impact in workplaces.

b) The Impact of the TPg Fellowship

The Targeted Postgraduate Fellowship was more than financial aid—it was an enabler of focus and opportunity. Taking time away from work to study was a big step, and the fellowship eased that transition, allowing me to immerse myself fully in the MWOP experience without distraction.

That support directly paved the way for what came next: becoming a registered I/O Psychologist with the Hong Kong Psychological Society and Chartered Psychologist with the British Psychological Society. Today, I'm not only applying these insights in practice but also paying the learning forward as a part-time lecturer. Standing in front of a classroom, sharing the very knowledge that transformed my own path, is one of the most rewarding chapters of my journey—one made possible by the foundation the TPg Fellowship provided.

This fellowship wasn't just an award; it was an investment in my purpose. And for that, I am always grateful.